

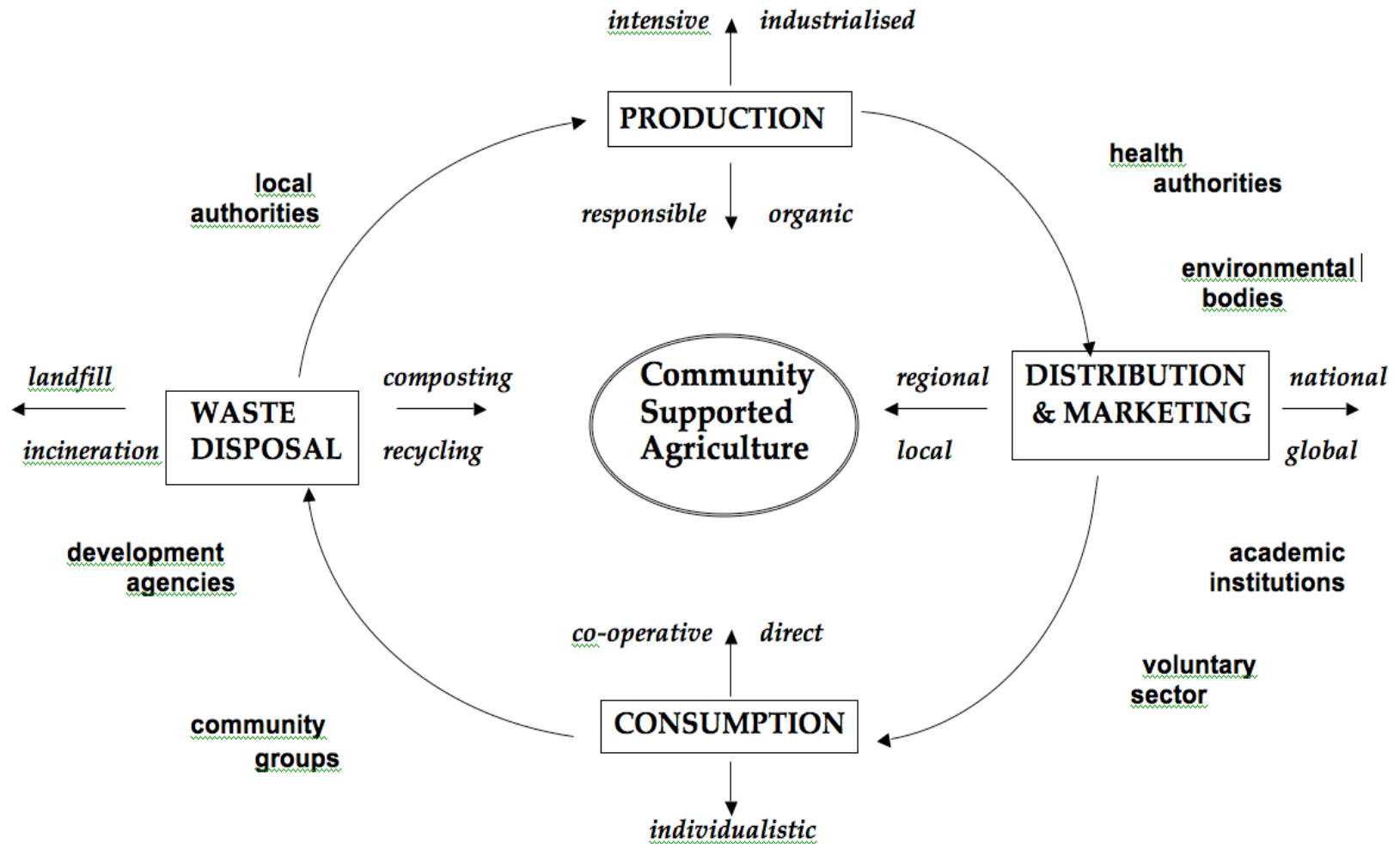
The UK local food movement growth, diversity, impact

Joy Carey – resilient food systems





Simplified Model of a Sustainable Local Food Economy



Food principles

- **Proximity** - Comes from as close as possible and minimises energy use.
- **Provenance** – The origin of all ingredients are clearly traceable.
- **Local control** – Enables more local financial reinvestment and connection with local communities.
- **Justice/Respect** – Produced, processed and traded in a way that respects and enhances environmental, animal and human health and welfare.





Linscombe Farm

100%

HOME GROWN

Organic Vegetables

POTATOES

VALOR - WHITE £ 90
CLARET - RED £1.20
ARMAN VICTORY £1.20
MILVA £1.50
CHARLOTTE £2.00
PINK FIRM APPLE £2.00
PER KG

SQUASH

£1.70/kg

INTER
ARANCE

6.4%











British Cheese Awards
- Best Organic Cheese 2001
- Best Welsh Cheese 2002



BEST ORGANIC CHEESE
2001 BRITISH CHEESE AWARDS



BEST ORGANIC CHEESE
GOLD MEDAL
2001 BRITISH CHEESE AWARDS



BEST NEW CHEESE
MARKETED IN THE UK
WORLD CHEESE AWARDS 2001

















Cornwall Food Programme

Bringing local produce to local people



"Readily accepted as one of the healthiest foods available, fish is the perfect choice for people who need nutritious, health building food."

Matthew Stevens and Son,
Fresh Fish and Seafood Specialists, Newlyn

PS6205028

To find out more about the Cornwall Food Programme visit www.cornwall.nhs.uk/cpt





FRIDAY 29 AUG '14

500g potato
500g carrots
400g onion
240g runner beans
300g tomatoes
2 apples P10 grow
50g coriander
300g courgettes
1 lettuce
1 cucumber
P10 spinach & chard

WEEDING day on Sat
ALL welcome - bring a p
August BBQ in the u
for members & friends
Bring food & Cook



